

SCHEDULE OF FEES AS OF JULY 2025 - effective from July 1 2025

EQUIPMENT CLASSES

PHYSIOTHERAPY EXERCISE PROGRAM (PEP) with Physiotherapist

STUDIOPIILATES (SP) with Pilates Instructor

Intro Package (55 mins/session) (Initial assessment + 2 private sessions)		SP \$395	PEP \$445	Valid 4 weeks		
Private Sessions (55 mins)	Item #	SP	PEP	Senior PEP	Principal PEP	
Single session	506	140	165	195	205	
Pack of 5	506	645	765	895	945	Valid 2 mths
Pack of 10*	506	1260	1485	1755	1850	Valid 4 mths
Group Sessions (55 mins)	Item #	Trio SP	Duo SP	Trio PEP	Duo PEP	
Single session	560	56	70	72	87	
Pack of 5	560	255	325	310	380	Valid 2 mths
Pack of 10*	560	465	600	585	705	Valid 4 mths
Seniors Class (55 mins) = 34.50 per class						

**Includes Bonus Pilates Reward Discount of 20% off for Physiotherapy or Massage Consult.*

Pilates Instructors | Julie Bull (Vawdrey) | Kerry Furrer | Nikita Rao

Seniors Class Instructor | Debbie Virdi

Physio Pilates Instructors | Nini Dai | Christina Lorenc | Sally Ting | Christine Potter | Aakriti Dhakal | Debbie Virdi

Principal Physiotherapist | Sylvia Yong-Gonzales