

EQUIPMENT CLASSES

PHYSIOTHERAPY EXERCISE PROGRAM (PEP) with Physiotherapist
STUDIO PILATES (SP) with Pilates Instructor

Intro Package (55mins/session)

(Initial Assessment + 2 private sessions)

SP	PEP	
\$376.00	\$424.50	VALID 4 WEEKS

Private Sessions (55mins/session)

	SP	PEP	Senior PEP	Principal PEP	
Single Session	133.00	158.00	185.50	195.50	
Pack of 5	611.80	726.80	853.30	899.30	VALID 2 MTHS
Pack of 10*	1197.00	1422.00	1665.00	1760.00	VALID 4 MTHS

Group Sessions (55mins/session)

	TRIO SP	DUO SP	TRIO PEP	DUO PEP	
Single Session	53.00	67.00	69.00	82.50	
Pack of 5	240.00	308.00	295.00	360.50	VALID 2 MTHS
Pack of 10*	440.00	562.50	556.00	668.50	VALID 4 MTHS

*INCLUDES BONUS REWARD 20% OFF PHYSIO OR MASSAGE CONSULT.

Please call Reception on 0466 785 820 if you have any questions or to book.

Effective 1st July

