

MAT & BARRE ONLINE

Mat/Barre Session (55 mins)

1 class per week	\$30	(\$30 per class)	1 week pack
2 classes per week	\$56	(\$28 per class)	1 week pack
3 classes per week	\$72	(\$24 per class)	1 week pack

TIMETABLE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6am	Mat online (JL)		Mat online (JL)			
7am			Mat online (JV)			
8am	Mat online (JV)		Mat online (JV & RL)			
8:30am						Mat online (AA)
9am	Mat online (JV)				Mat online (CL)	
9:30am		Mat online (JL)		Mat online (JL)		
10:30am				Barre online (JL)		
6pm	Mat online (JL)	Mat online (CL)		Mat online (AA)		
7pm	Mat online (JL)					

AA: ALISSA ANTOON
JV: JULIE VAWDREY

CL: CASSANDRA LEONG
RL: ROGER LAY

JL: JEANETTE LASEK

TIMETABLE AND BOOKINGS ALSO AVAILABLE THROUGH THE MINDBODY APP

BANKING DETAILS:

LIVELY PHYSIOTHERAPY & PILATES PTY LTD
BSB: 032-285 ACCOUNT NUMBER: 646 003

OR CAN CALL RECEPTION FOR PAYMENT ALSO 0466 785 820